

# *Books You're Crazy If You Don't Read*

*A college education takes four years and at least 3.9 of that will probably be of little use to you in life. Now you can get a practical education that will help you have a healthy, prosperous lifetime just by reading a few key books. These books will also force you start thinking and turn you into a very interesting person.*

*Wayne Green*

**\$5.00 (a steal)**

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## Books You're Crazy If You Don't Read

**Your computer** — I'm referring to the soft gray one you carry around in your head. Well, like any other computer, no matter how much RAM or MIPS the computer system, without data to work with, it's useless. Even the crummiest of computers, backed up with a bunch of data, can run circles around the biggest main frame monsters. In the human brain we call the data-challenged ignorant.

Yes, you can get some scraps of useful data from TV, mostly from PBS stations. Yes, you can pick it up in school, though in my experience this is a slow, expensive, unfocused way to acquire information. By far the best route, I've found, is by reading. In this way the top brains of the world are accessible to you at your convenience, and for a pittance.

It's daunting to walk into a book store and be faced with 100,000 or so books, or a library with half a zillion books. How can you tell which are the best books for getting information? Unfortunately 99% of the books published aren't worth a rap. Well, it's actually more like 99.99%. But the same thing goes for CDs, where a tiny fraction of those being produced have music that you're going to want to listen to more than once. Or even once. And ditto every other art form. There's a discouraging amount of junk out there, and more being produced every day. Tons of bad paintings, CDs, books, and so on.

For a few years I published a CD magazine. Its aim was to help people

find the good music and avoid the crap. I reviewed thousands of new releases, as did my staff. And then we got the readers to evaluate even more and let us know when they found any outstanding CDs. We helped a couple hundred thousand readers build some superb CD collections. I've got a pretty good one myself as a result.

But right now you're mainly interested in finding out what books you're crazy if you don't read...and why, not what music to buy. The books listed here are the one's I recommend but, with just two exceptions for books not available elsewhere, I don't sell. I don't want you to think I'm just trying to sell something...except when I am. Since I've been running a mail order book service since 1958, it has been difficult for me to keep myself from adding these books to my Radio Bookshop catalog.

How many books have you been reading a year? And I don't mean novels, either! Recent research reports make it clear that the mind, like any other part of the body is a use it or lose it system. Like a muscle. Hmm, who wrote the book, "Under the Spreading Atrophe?"

### Now The Books

I've been getting more and more requests for a list of my recommendations, particularly from people who've attended my talks or heard me on a talk radio program. So, in no particular order, here are some books I've read that I think you'll enjoy, and which will help provide your soft gray computer with the data input you need. I've had to read an awful lot of books to find these gems.

This list can be the start of a whole new life for you.



**The Secret Life of Plants** - Bird and Tompkins, Perennial Library, ISBN 0-06-091587-0, 402p, \$14. This is a 1976 book that's absolutely fantastic! It explains how plants are able to sense what people are thinking. This started with the work of Cleve Backster, the inventor of the lie detector. Well, he wanted to see how plants would react when he burnt a leaf, so he connected his philodendron to his lie detector and sure enough, it reacted wildly. Then he found that he got an even stronger reaction at the time he decided to damage the plant. It gets worse. His plants could sense his thoughts from a thousand miles away. The book is a must read. It'll give you a whole new perspective on life.

**The Secret Life of Your Cells** - Robert Stone, Whitford Press, ISBN 0-914918-96-6, 192p, 1989, \$10. I was disappointed not to see a follow-up book on the "Secret Life of Plants," so I called Cleve Backster to see what he was doing these days. He put me in touch with Brian O'Leary, who'd been working with him on human cells and their communicating with each other. For instance, they'd take some cells from a person's mouth, put them in a culture, and then connect them to a meter. They put a second meter on the person who supplied the cells. They found that the two meters registered exactly the same, no matter how far they were separated...even thousands of miles. This brings up some interesting questions about donating blood and organ transplants and the strange problems many people have been having as a result. Like phantom memories of places they've never been and people they've never met. Well, science still hasn't a clue as to where our memories are stored.

**Secrets of the Soil** - Christopher Bird, Perennial Library, ISBN 0-06-091968-X, 444p, 1990, \$15. This is an absolutely marvelous book. It's packed with exciting information about how to grow plants without chemicals and pesticides. This book will have you thinking about starting an organic garden or even a farm of your own. Did you know that the number of earthquakes and tornados has been increasing steadily for the last 80 years? Chris also discusses "Occult Chemistry." See my review of the Phillips book for more on this. I guarantee you'll be reading from this book to your family.

**The Persecution and Trial of Gaston Naessens** - Christopher Bird, H.J. Kramer, ISBN 0-915811-30-8, 320p, 1990, \$13. Chris Bird was one of the authors of the "plants" book, so I got in touch with him and found out about his more recent book on a Canadian doctor who had invented a microscope so powerful that he was able to see the life forms which get together to make cells. Somatids, he called them. He found these somatids were almost indestructable, being able to survive both 600° and near-absolute zero temperatures. He discovered some basic things about disease which allowed him to devise a cure for cancer, AIDS, and other immunologically-based diseases. The medical establishment wasn't about to allow this, so they tried to have him put in prison. It's a fascinating story, and one you'll enjoy, and it'll give you an idea of the power of the medical industry, in collusion with the FDA, the pharmaceutical industry, and the insurance companies. The hundreds of patients cured of cancer by his L-214 testified at his trial and got him acquitted.

**The Cancer Cure That Worked!** - Barry Lynes, Marcus Books, ISBN 0-919951-30-9, 168p, 1987, \$11. Wait'll you read about Royal Rife and his powerful microscope, which he invented years before Naessens. He, too, saw the fundamental life forms, and he too developed, as a result, a cure for cancer. A successful cure. The result was that he was put in prison and his microscopes destroyed by the FDA, but he didn't fare as badly as Wilhelm Reich, who's inventions were not only destroyed, but who mysteriously died while in prison. I haven't seen any really good books on Reich to recommend, but I have most of the books that he wrote.

**Kinship With All Life** - J. Allen Boone, Harper, ISBN 0-06-060912-5, 157p, 1954, \$10. Can you really learn to communicate with dogs and cats? Horses? Any animals? Even with a fly? Allen not only gives you the answer, but explains how you can do exactly what he has done. And he learned how to do it from a dog! This is a book that you won't be able to put down, and you will be after all your friends to read. I found a copy recently in an occult book store in Boulder, so it's still being sold. The paperback edition is dated 1976. Many libraries have copies. Laura Lee (p16) has copies for \$10. A reader wrote to say that she read the book, got in touch with a fly and, to her daughter's amazement, the fly would come when called! Since reading this book I've never again had to swat a fly!

**The Philosopher's Stone** - Michio Kushi, One Peaceful World Press, ISBN 1-882984-07-2, 96p, 1994, \$10. The subtitle is "Michio Kushi's guide to alchemy, transmutation, and the new sci-

ence." I first read about bio-transmutation in the "Secret Life of Plants." The research that went into this book, and the simple experiments you can make to confirm it, will upset the hell out of scientists who refuse to believe in transmutation. Can Kushi turn mercury into gold? Carbon into iron? You bet, and so can you! Yes, alchemy lives! This is the book that helped me understand how the cold fusion reaction works.

**Left For Dead** - Dick Quinn, Quinn Publishing, ISBN 0-9632839-0-1, 202p, 1992, \$13. If you want to retain any shred of confidence in your doctor, your local hospital, or the medical industry in general, please do not read this book. Quinn had a heart attack and the usual by-pass operation. It wasn't until later that he found out what a rip-off this stuff is. Quinn takes you through his experience and how he serendipitously discovered a simple route to avoid heart attacks via cayenne pepper. I'm not easily convinced of things like this, but I just bought another pound of cayenne and I'm taking some every day. I recommend you read this book *before* you have your heart attack, complete with expensive by-pass surgery, angioplasty, and so forth. When you see the honest report on the high percentage of failures of these operations you're likely to almost be upset.

**Racketeering In Medicine** - Dr. James Carter, Hampton Roads, ISBN 1-878901-32-X, 361p, 1993, \$13. Subtitle: "The suppression of alternatives." This is the dark side of capitalism as it has ruined the medical industry and run up our medical bills beyond belief. You'll want to read about all of the successful medical alternatives that have been



squashed, and why. Like nutrition, chelation, herbal medicine, acupuncture, vitamins, homeopathy, etc. And how the industry controls pharmaceutical prices and the FDA.

**Immunization - The reality Behind the Myth** - Walene James, Bergin & Garvey, ISBN 0-89789-360-3, 286p, 1995. Once you read this book you will never allow a doctor to give you another vaccination for anything. Nor will you allow your children or family to ever have any vaccinations. They are a medical scam. Vaccinations not only don't work, they often cause enormous medical problems for children (and adults). You may even start pushing your congressman to end compulsory vaccinations. Polio shots have caused more polio than ever happened without them. My childhood vaccination resulted in me having sinus trouble for years, hay fever and asthma, ear infections, and a bunch of other problems. I was lucky. Miss America was deaf as a result of her vaccination. Multiple sclerosis, diabetes, arthritis — it's a long discouraging list. All for the about \$100 billion the medical industry makes from them.

**Maximize Immunity** - Bruno Comby, Marcus Books, ISBN 0-919951-11-2, 265p, 1994, \$15. This French doctor noticed that animals got sick when fed cooked food, so he tried changing his sicker patients to an all raw food diet. Well, that's the way the human body originally developed, right? As a result he has had a string of incredible cures of just about every illness, including cancer and AIDS. This diet change quickly rebuilds the immune system, which in turn reverses systematic, germ, and even virus caused illnesses. Yes, I'm

eating mostly raw food these days.

**Young Again!** - John Thomas, Plexus Press, ISBN 1-884757-75-8, 384p, 1994, \$20. "How to reverse the aging process." A guide to ageless living. Outside of Thomas needing to read the Comby book, there's a lot of very valuable information here, if you have any interest in outliving some of your compatriots. I've got so many things I want to accomplish that I've been reading every book I could find on health, and have been applying the more reasonable ideas. If this book only adds a month to your life, is it worth the \$20? Maybe not now, but when you are dying several years before you should, you'll pay every dollar you have for another month.

**It's All In Your Head** - Hal Huggins, Life Sciences Press, ISBN 0-943685-06-0, 236p, 1989. "Diseases caused by silver-mercury fillings." Dental amalgam can cause severe medical problems if you are sensitive to mercury, which is a deadly poison. I guarantee that if you read this book you'll have your amalgam fillings removed and replaced with non-toxic fillings. Ditto your whole family. This research is backed up by reports in several other books I've read, plus I've attended a lecture by Huggins, complete with some extremely convincing videos of startling recoveries.

**Patient Power** - Goodman and Musgrave, Cato, ISBN 0-932790-91-7, 673p, 1992, \$17. This book documents why our health care costs more than any other country, and why we have poorer health than many third world countries as a result. It shows why the Hillary proposal was not just a step, but a giant leap

in exactly the wrong direction. Worse, unless we the people start insisting on some major changes, health care is going to keep costing more and we're going to be sicker. But hey, it's your body they're wrecking as they steal your money.

**Cross Currents** - Robert Becker, Tarcher/Perigee Books, ISBN 0-87477-609-0, 336p, 1990, \$14. A look at the effects of electromagnetic radiation on your health, and the promise of electromedicine. Will we be able to regrow lost limbs the way salamanders do? How does the earth's magnetic field affect us? How about power lines and appliances? How electricity helps bones mend. This is a book you're not going to put down, and will have highlighted segments on almost every page by the time you're through.

**Health And Light** - John Ott, Ariel Press, ISBN 0-89804-098-1, 229p, 1973, \$10. How has our isolation from the sun via windows in our homes, offices and car, plus eyeglasses, affected our health? You'll be out there getting those UVs into your eyes for a half hour a day after reading this book. It's very well researched, with Ott's discovery coming about serendipitously when he was trying to photograph flowers. Ten bucks very well spent. Your office and home lighting are helping to depress your immune system, making you wide open to just about any bug or virus that comes along. And school classrooms change like magic when UVs are used!

**Light, Medicine of the Future** - Jacob Lieberman, Bear & Co., ISBN 1-879181-01-0, 255p, 1991, \$17. Lieberman has carried on Ott's research.

All cells radiate light, plus there are weak radio signals from the cells of humans, animals and plants, and these are particularly strong during cell division. Kirillian photos of the fingers enable the diagnosis via recognizable patterns of a range of conditions from brain tumors to schizophrenia. Under UV light cells are able to repair themselves much faster and reversed their aging. You'll want to read the Dr. Douglass (Second Opinion) book on light too.

**Electromagnetic Man** - Cyril Smith & Simon Best, St. Martin's Press, ISBN 0-312-03730-9, 344p, 1989. Nicely researched book on the effects of magnetic fields on cells and people. You'll see why I keep writing editorials in 73 about the harm than can come from being exposed to EMFs and cellular phones..

**The Essiac Report** - Richard Thomas, ATIN, ISBN 0-9639818-0-3, 250p, 1993. If you're ever looking for a sure-fire cure for cancer, this book describes one used by the Ojibwa Indians of northern Ontario. It's made of sheep sorrel, burdock root, slippery elm, and rhubarb root. The concoction is sold as Flor-Essence, an herbal tea. ATIN: 1244 Ozeta Terrace. L.A. CA 90069, 310-278-6611. I don't know if it works or not, but it's a disgrace that the medical industry has refused to test it. If I had cancer I'd sure try this immediately. Several callers have reported great success.

**Hydrogen Peroxide, Medical Miracle** - Dr. Wm. Douglass, Second Opinion, \$13. Dr. Douglass hasn't disappointed me yet. You can get food grade hydrogen peroxide at many drug stores and fight depression, infections, allergies, pneumonia, the flu, and even cancer, leu-



kemia and AIDS. Once you read this you'll probably want to subscribe to Douglass' newsletter, which is first rate.

**The Chelation Answer** - Morton Walker, Second Opinion, \$15. Chelation can lower your blood pressure, cure hardening of the arteries, help stroke problems, all without the usual by-pass baloney. Better read this before the heart attack or stroke, eh? Or wait until after and kick yourself. We get too late smart.

**Mind Machines You Can Build** - Harry Stine, Mountain Publishing, ISBN 1-56087-075-3, 207p, 1992. If you think that psychokinesis is psycho, then you're not well read. Like you've missed what I reported on the results of a Princeton lab recently confirming the phenomenon, or the years of confirmation by Dr. Rhine at Duke University. I've got one of Stine's machines set up in my office. The only problem is that when I will it to turn clockwise it does the opposite. He's got a chapter on how to build a Heironymous machine, and confirms that, as totally impossible as it sounds, it really works.

**Into The Light** - Dr. William Douglass, Second Opinion, ISBN 0-9626646-5-0, 340p, 1993. This has to do with the use of UV light to treat blood, and the fantastic results resulting. There's a long list of ills it helps, including just about any kind of infection, including pneumonia, and artery hardening.

**Raptures Of The Deep** - Frederick Jueneman, Research and Development Magazine, ISBN 1-57450-001-5, 286p, 1995, \$30. The subtitle is "Essays in speculative science." Fred discusses the redshift, the origin of intelligence, the

nature of light, and dozens of other scientific subjects, providing a wealth of historical data, and making the subjects understandable. You'll have your Magic Marker going all through the book. Please don't miss this gem.

### **Extra-Sensory Perception of Quarks**

- Stephen Phillips, Theosophical Publishing, ISBN 0-8356-0227-3, 249p, 1980. This is a follow-up on the work of Besant and Leadbeater almost a hundred years ago as reported in their book, "Occult Chemistry." They meditated on atoms and published drawings of what they saw. Either they were actually able to magnify atoms with their minds or they came up with a bunch of the most incredibly accurate guesses in history. They described all the known elements, including some elements and isotopes that were still unknown at the time, and right down to sub-quarks and strings.

### **The Big Bang Never Happened**

- Eric Lerner, Vintage Books, ISBN 0-679-74049-X, 466p, 1992, \$14. Lerner does a great job of demolishing every reason for astronomers and astrophysicists to believe in the big bang and the current estimates of the age of the universe. Of course it is unlikely that facts are going to change religiously held "scientific" beliefs in this field. It was after reading the Phillips book and putting together the information on sub-quarks and the origin of the solar system, the galaxy, and the super galaxies, that I recognized the connection which solved the problem of why we have inertia and gravity, something scientists (including Einstein) had not yet explained. You're going to learn a lot from this book, so keep a fresh highlighter at hand and be ready for big bang believer arguments.

**Fingerprints of the Gods** - Graham Hancock, Crown Publishers, ISBN 0-517-59348-3, 578p, 1995, \$27.50. Hancock makes a good case for Atlantis having existed, with the weight of the polar ice shifting the earth's crust so it is now Antarctica and buried under two miles of ice. He further points to signs of an advanced civilization that must have existed around 12,000 years ago. He's done his homework carefully, and takes you with him on his adventures as he examines the ruins and folk legends of great floods, cataclysms, and super beings in South and Central America, and Egypt.

**The Fall of the Ivory Tower** - George Roche, Regnery Publishing, L82342-4.U6R63, 310p, 1994, \$16. This is a fascinating account of government funding, corruption, and the bankrupting of American higher education. Our colleges are in terrible shape, and unless some drastic changes are made by congress, they're going to continue teaching less and charging more and more. Roche has been the president of Hillsdale College for 27 years, so he knows whereof he writes.

**Inside American Education** - Thomas Sowell, Free Press, ISBN 0-02-930330-3, 368p, 1993, \$25. Our so-called educators have taken our money, betrayed our trust, failed our children, and then lied about the failures with inflated grades and obfuscation. The result is that American children are at the bottom in education in comparison to every other developed country in the world. Teachers don't teach, athletes are exploited, minority students are sent to colleges where they are sure to fail, and the government increasingly picks up the tab,

which we all then have to pay. Our kids lose and we lose. I've read all of Sowell's books and none of them have ever been disappointing. Read his columns in *Forbes* and in *The Conservative Chronicles*.

**Ed School Follies** - Rita Kramer, Free Press, ISBN 0-02-917642-5, 228p, 1991, \$23. The miseducation of America's teachers. Rita attended 13 teacher's colleges and reports on them. When you read this you'll understand why our children are learning so little, and it'll give you a clue as to why we're seeing so many behavior problems in kids and even young adults that didn't exist a generation ago. The whole system is a terrible mess which we are all paying for.

**Smart Schools, Smart Kids** — Edward Fiske, Simon & Schuster, ISBN 0-671-69063-9, 303p, 1991, \$22. There is a revolution against the dumbing down of American kids. Fiske cites some encouraging examples of schools, teachers and kids who are helping to change things. There *are* some innovative schools.

**Dumbing Us Down** - John Taylor Gatto, New Society Publishers, \$10 (*Laissez Faire*), 104p, 1992. The New York State Teacher of the Year quit teaching because he just couldn't "do that to kids any more." Please buy this book and get your kids out of our public schools.

**Augustine's Law** - Norman Augustine, Amer. Inst. of Aeronautics and Astronautics, ISBN 0-915928-81-7, 242p, 1983. "Law #13: If a sufficient number of management layers are superimposed on top of each other, it can be assured that disaster is not left to chance." This



is a marvelous book of satire. The unfortunate part is that everything Augustine writes is true, and he backs up his wry commentary with brutal facts about our so-called defense industry. For instance, in projecting the actual costs of planes, Law #9 says: "In the year 2054, the entire defense budget will purchase just one tactical aircraft. This aircraft will have to be shared by the Air Force and Navy 3-1/2 days each per week except for leap year, when it will be made available to the Marines for the extra day."

**Diseases From Space** - Sir Fred Hoyle & Chandra Wickramasinghe, Dent and Sons, ISBN 0-460-04357-9, 196p, 1979, £7. This book, by two of the world's leading astronomers, doesn't leave much wiggle room for skeptics of their proposition that many of our epidemics are arriving from space. You'll learn a lot from this book, and it'll get you set up for their next one, which is even more challenging.

**Evolution From Space** - Sir Fred Hoyle & Chandra Wickramasinghe, Touchstone Books, ISBN 0-671-49263-2, 176p, 1981, \$6. Hoyle, like Lerner, makes an excellent case for the universe being much, much older than the big bang adherents, and for life to have originated who knows how long ago. This book is marvelously detailed with facts which back up the concept of life arriving from space. And the case is made from a number of different approaches. A fabulous book!

**Adventures In Porkland** - Brian Kelly, Villard Books, ISBN 0-679-40656-5, 272p, 1992, \$23. Sure, you've read about the congressional pork, and

you've seen some exposés on TV, but this book is packed with the names, dates, and amounts of pork congress is doling out. And that's your hard-earned tax money they're taking out of your paycheck before you even see it and they're spending for you on things you'd never spend it on. Maybe, after reading this book, you'll be ready for my proposal for stopping all this baloney by getting a simple lobbying rule passed by your state legislature, as explained in my book. You may also start agreeing with my bumper-sticker statement: NRA - Never Re-elect Anyone. Let's flush that Washington toilet.

**The Government Racket** - Martin Gross, Bantam, ISBN 0-553-37175-4, 270p, 1992, \$8. Washington waste from A-Z. This book will frustrate the hell out of you. It documents the way billions of dollars are wasted and the way congress is wasting our money for us. Maybe you'll finally subscribe to my concept of Never Re-elect Anyone; as the best route for national recovery. The longer they're in Washington, the more they're costing us. And then they get to be committee chairmen and the stakes zoom upwards. On the other hand it's probably better you stay ignorant about all this.

**Incredible Coincidence** - Alan Vaughan, Lippincott, ISBN 0-397-01351-5, 256p, 1979, \$10. Subtitled: The baffling world of synchronicity. No, many incredible things that have happened can't possibly be explained as chance or luck. You'll love some of the amazing stories, and there are 151 of them here, and they're all true

**Surely You're Joking, Mr. Feynman!**  
- Richard Feynman, Bantam New Age

Book, ISBN 0-553-34668-7, 322p, 1985, \$10. This is a humorous anecdotal autobiography by one of our top scientists. You're going to be reading this to your family and friends. Wait'll you read the hilarious chapter on his safe cracking experience at the AEC in Oak Ridge during the War, while they were developing the atomic bomb.

**The Secret Life of the Unborn Child** - Verny & Kelly, Dell, ISBN 0-440-50565-8, 255p, 1981, \$12. Unborn babies are capable of learning, can hear sounds and voices, and respond to them, including music; are sensitive to the parents feelings about them, and can even be taught to understand up to a hundred words. This book tells how to do all this. The result is a measurably more intelligent, better adjusted, and healthier child. The book also has some great information on how to teach the child during it's first year.

**Saved By The Light** - Dannion Brinkley, Harper Spotlight, ISBN 0-06-100889-3, 204p, 1994, \$6. I've read many books on near death experiences (NDEs), but I can't recommend 'em all. Overkill. This recent book stands out in my mind, and I often refer to it. It confirms what so many NDE researchers are reporting, that when we die we go to some sort of heaven (or hell) where our life is judged. This book is unusual in that Brinkley died twice, and was shown revelations of the future which he wrote about after his first death in 1975, and which events have proven right. Like the date, participants, and location of the Gulf War. If you're still not convinced that there's more to life than a Big Mac and fries, with the resulting heart attack, then I'll review a half dozen or so more

NDE books for you. Fox ran the movie version of the book last December. Too bad if you missed it.

**The Light Beyond** - Raymond Moody, Bantam Books, ISBN 0-553-27813-4, 205p, 1988, \$4.50. Well, I had to give you one more NDE book, just in case, and this is a beaut. Moody spent years interviewing hundreds of people with NDEs. It's interesting that everyone comes out of the experience with a strong belief in God, but they almost always give up organized religions. By the way, young children report the same events as adults.

**Parliament Of Whores** - P.J. O'Rourke, 237p. \$12. I can't find my copy now for the other information, but it's worth looking for and reading. You are not going to have much respect (if, indeed you still have some) for our congress after you read this hilarious, yet completely factual book. O'Rourke is one of our great writers on politics. He's got the best solution yet to the deficit.

**The Secret Science Behind Miracles** - Max Freedom Long, DcVorss & Co., ISBN 0-87516-047-6, 408p, 1948 & 1982 (14th printing). The Kahunas of Hawaii have a religion that seems very close to nature. Read about the reality of fire walking, mind reading, healing, weather control, etc. Fascinating book, even if it was written almost 50 years ago. Look for it, it's probably still in print.

**Journeys Out of the Body** - Robert Monroe, Doubleday, ISBN 0-385-00861-9, 280p, 1971. OBEs, out-body-experiences have been reported for thousands of years. Monroe has researched



the phenomenon carefully and provides endless anecdotes. Why are some people better at this? How easy is it to learn to do? Skeptics of psi will not find the data in this book comforting.

**Neither Dead Nor Sleeping** - May Sewall, Bobbs-Merrill, 320p, 1920. This book was recommended by my grandmother a couple years after she died. It's an amazing story by a world-famous woman of that era and her experience in communicating with her dead husband. If you haven't read enough elsewhere to convince you that the dead can communicate with us, then find a copy of this book in a used book store. I've found four copies so far, so they're around. Ask me about how I found this book in the first place, it's a great story.

**Immortality** - Jess Stearn, Donning, ISBN 0-89865-755-5, 307p, 1976, 1989, \$9. The subtitle is: Startling evidence for human survival of physical death. If you know of anyone who's lost a loved one this book should help. It presents convincing information on "life" after death. We can grieve for *our* loss, but we should not grieve for those who pass on.

**The Holographic Universe** - Michael Talbot, Harper Perennial, ISBN 0-06-092258-3, 338p, 1991, \$10. You're not going to be able to put this book down. It goes into paranormal activities of the mind, and the latest in physics. Did you know that multiple personalities can have different scars, allergies, left/right handedness, eye color, eyeglass prescriptions, voice patterns? And wait until you read about the power of placebos. You'll wonder, as I have, considering their incredible power to make people sick or heal, why the medical es-

tablishment doesn't learn to harness this power. If they could charge for it, bet they would.

**Malice In Wonderland** - John Perkins, ProMotion Publishing, ISBN 0-9636328-0-9, 329p, \$15. Subtitled: The Congressional Crook Book. Here are the facts on hundreds of congressional scandals. It's almost enough to make one at least indignant over what Congress is doing. Your hi-liter will get worn out on this book. For instance, Census Bureau data shows that of the 30-million people defined as living in poverty because of their low income, 38% own their own homes, a half million own homes worth more than \$100,000, 62% own their own car, 14% own two or more cars, and these households spend \$1.94 for every \$1 of reported income.

**The Medical Mafia** - Dr. Guylaine Lanctôt, Here's The Key Pub., ISBN 0-9644126-0-8, 249p, \$15. Subtitled: How to get out of it alive and take back our health and wealth. If you want to stay convinced that our doctors know what they are doing, that germs cause illness, and so on, that something other than yourself is making you sick, then avoid reading this well-documented book. Here's The Key, Box 223, Morgan VT 05853, 802-895-4914.

**Prenatal Classroom** - A parents guide for teaching your baby in the womb, by Van de Carr and Lehrer, Humanics Learning, Box 7400, Atlanta GA 30309. ISBN 0-89334-152-5, 161p, \$13. This is a wonderful instruction book on how to communicate with your unborn child, to teach it around 100 words, to like music, and to stimulate brain growth before birth. This will give your child a

head start (pun intended) on life. It results in significantly higher IQs, which means that if you don't use these techniques you are permanently dumbing your child...robbing it of mental ability that's inherent, but seldom cultivated.

**Psychic Pets** - The secret life of animals by Joseph Wylder, Gramercy Books, 150p, ISBN 0-517-69265-1. I found it on sale at the Edgar Cayce book shop (Virginia Beach VA) for \$6, a steal. How about the cat that got left behind when a family moved. It took him over a year to walk 1500 miles to a place he'd never been before and rejoin his family. The book is packed with fascinating animal ESP stories.

**Fluoride, the Aging Factor** - Dr. John Yiamouyiannis, Health Action Press, ISBN 0-913571-03-2, 292p, \$15. Fluoride is a deadly poison and it's being put in your drinking water. It has never provided any health benefits, and is responsible for a long list of illnesses. You are not going to trust the ADA, the FDA, the AMA, or any other power group after reading this exposé. Worse, you'll be doing as I do now, and drinking only distilled water. Hey, don't take my word for it, read this thoroughly documented book.

**Root Canal Cover-Up** - George Meinig, Pion Publishing, ISBN 0-945196-19-9, 225p, \$20. Can bacteria hide in the catacomb structure of your root canal'd dead teeth? This book could explain why you have a number of chronic illnesses, and show you how to get well. Can one dead tooth cause heart problems, rheumatism, cataracts, kidney and gall problems? You bet your bippy. Read about the work of Dr. Price, which

has been covered up by the dental mafia for 70 years. Read what the introduction of white flour and sugar has done to the health of every primitive tribe. And us. And you and your family.

**Environmental Overkill** - Dixie Lee Ray, Regnery Gateway, ISBN0-89526-512-5, 260p, 1993, \$20. Subtitle: Whatever happened to common sense? If you've sucked in on global warming, the ozone hole, endangered species, wetlands, or the Gospel According to Gore, chlorofluorocarbons, and all the other psuedoscientific scare hype, then read this book. If you've been too well versed to do the Chicken Little act, read it anyway so you can stop the ignorant from screwing things up even more. Like Congress and the freon baloney.

**Magnetism and Its Effects on the Living System** - Davis & Rawls, Acres USA, ISBN 0-911311-14-9, 132p, 1974. Biomagnetic experiments you can do with seeds which have enormous implications for humans. One wonders what you might be able to do with the new incredibly powerful Takahashi magnets. Those companies selling magnets to cure illnesses, is there some validity? What are the implications of biomagnetism with sperm? Maybe you'd better read this one.

**The Magnetic Blueprint of Life** - Davis & Rawls, Acres USA, ISBN 0-911311-17-3, 150p, 1979. More on magnetic healing, ions, food, etc. Can magnets speed healing and reduce pain? Can a magnet's north pole slow aging? A south pole help build muscles, strengthen organs? There are some great experiments you can do at home. Read all about it.



**Stop Aging** - Dr. Wm. Douglass, Second Opinion, ISBN 1-885236-02-6, 47p, 1995. The fact is that if you treat your body/mind right you can live 120-150 years healthily. If you poison it with drugs, smoking, chemicals, too little water, and food you shouldn't be eating, you can easily cut that in half. This book explains the benefits of giving your body more oxygen. The results can be spectacular. Before you consult your doctor about longevity you should consider that the average human life span today is 75 years. For doctors it's 58 years. Does that tell you anything? Now call Second Opinion and buy the book.

**The Choice Is Clear** - Dr. Allen Banik, Acres USA, ISBN 0-911311-31-9, 40p, \$2.50, 1971/1995. Arthritis, kidney stones, emphysema, obesity, constipation, cataracts, diabetes, can they all stem from one common cause? You bet. Banik makes a good case for water. We're all dehydrating ourselves, plus we're drinking the wrong kind of water. How about Capt. Diamond who was bedridden with arthritis at 70. He changed the water he was drinking and at 103 walked from Sacramento to the New York, and died at 120. But I suppose \$2.50 is too much to pay for an added 50 years of life, right?

**Medicine: What Works & What Doesn't** - the editors of *What Doctors Don't Tell You*, Wallace Press, 182p, 1995. I wore out two hi-liters reading this book. If you are ever going to have anything to do with doctors, this is your manual. In about 9 out of 10 cases they don't know what they're doing, and it's your body and life that's forfeit. They really do bury their mistakes, and far more often than we realize. Hospitals are

a leading cause of death through doctor ignorance and error. A Nader study reports that hospitals kill over 300,000 patients a year through mistakes.

**The Calcium Kit** - Dr. A.F. Beddoe, S&J Unlimited, 64p, 1995, \$33 (with pH test tapes), Box N, Oroville WA 98844. The chapter on distilled water is worth more than the price of the whole kit. Calcium is your most important mineral. This book explains how you can get the right amount - what supplements there are, the vital minerals and vitamins that go with calcium. It's your body and this is one of the more important operating manuals. Or you can wait until you've screwed things up so badly you have to go to the doctor. Then you'll find out at great expense that they aren't as good at repairing the damage you've done to your body as you hoped.

**The Impossible Child** - Dr. Doris Rapp, Practical Allergy Research Center, 161p, 1986. \$13.50pp, Box 60, Buffalo NY 14223. How allergies to foods and things we breathe can affect kids' (and older people too) behavior. Attention Deficit Disorder (ADD) may merely result from an allergy. Children called lazy, dumb, nasty, rude, hyperactive, irritable, or slow may be reacting to a chemical sensitivity. The book shows how to test for allergies and thus give children an optimum opportunity for success, learning and achievement. Adults too.

**Vibrations** - Owen Lehto, Nutritional Research Center, 180p, 1992. \$20pp Box 308, Keller WA 99140. The title doesn't do this book justice. It's really a dowsing handbook. It tells you how to dows for just about anything: water, minerals, lost objects. You can even

dowse on a map to find things! You can check anyone's health and their vitamin and mineral needs. If y'veou have an underground stream under your house which is creating bad vibes Owen explains a simple cure. Now, if you are a materialist and don't believe in this kind of stuff, by the time you've finished this book I guarantee you'll be both a true believer and be dowsing for yourself. Hey, it worked for me the first time I tried it. Now I'm checking fruit in the supermarket for ripeness, sweetness, and any possible spray chemicals. If you prefer to remain a skeptic, don't read the book.

**Let's Play Doctor** - Dr. Joel Wallach, Wellness Lifestyle, Box 1222, Bonita CA 91908, 203p, 1995, \$13. Several readers sent me a Wallach 90m tape, "Dead Doctors Don't Lie," which promotes a mineral toddy product. The tape is fantastic, so I sent for his book. It's an absolute must. He leads you through medical terms and prescriptions for a long list of ailments, making this a real do-it-yourself alternative medicine instruction book. Wallach spent 17 years as a vet, and then got his "license to kill." He points out that veterinarians long ago discovered which vitamins and minerals it took to keep farm animals from having heart attacks, arthritis, Alzheimers, and so on. I use this book for reference almost every day. On the other hand, you probably won't worry about your health until you've so badly screwed up your body that it's almost too late.

**Your Body's Many Cries for Water** - F. Batmanghelidj, Global Health Solutions, Box 3189, Falls Church VA 22043 (703-848-2333), ISBN 0-0629942-3-5,

182p, 1995, \$15. Not only will this book have you drinking at least 8 glasses of water a day, but you'll be recommending it to all your friends. This is a most convincing book...one your doctor would do well to read. The subtitle is: "You are not sick, you are thirsty! Don't treat thirst with medications." Which is what virtually all doctors are doing. What kind of illnesses? How about obesity? Arthritis? High blood pressure? High cholesterol? Allergies? Diabetes? Headaches? Back pain? Stress? Depression? Fatigue? Yes, caffeine is an addictive drug. Aspartame deadly. This, like the Comby book, can change your life.

**The Pulse Test** - Dr. Arthur Coca, St. Martin's Press, ISBN 0-312-95699-1, 186p, 1996, \$5. If you have migraine, headaches, ulcers, high blood pressure, backaches, diabetes, etc., you should run, not walk to get this el cheapo book. Coca explains how simple it is to find out what your body is allergic to, and we're all different in this respect, just by timing your pulse. You time your at rest pulse and then eat a suspected food and if your pulse goes up, you're allergic to it. Ditto any other allergens you're exposed to — like dust, pollens, chemicals, and so on. When you start avoiding allergens some magical things happen. Read the book and you'll start finding out how many foods and irritants you've ignored that are affecting your health

**The Silver Micro-Bullet** (Mild Silver Protein) by Dr. Paul Farber, PPP & heath Services, ISBN 1-887742-00-X, around 350 pages, 1995, \$30. Silver colloids seem to be miracle stuff. This book tells all about using it, but avoids explaining how to make it, which is stupidly simple.



It's very cheap to make, but expensive to buy. When I get some time I'll gather all of the information together I've accumulated and do a booklet. You drink it. You wash anything you want rid of germs with it. There are a couple more books on silver colloids I want to read before I become a solid convert. I note that Dr. Douglass, who has been saying the right things in his books and *Second Opinion* newsletter, has warned against silver colloids. I've written him, asking why. No answer yet.

**What You Need To Know About Water** - Dr. Kurt Donsbach, Rockland Corp. 800-421-7310, ISBN 1-56959-576-3, 57p, 1989, \$4. Yes, your drinking water is killing you. Slowly, but surely. Dr. D confirms what the other water books tell you: Don't Drink The Water! Distill it! He explains what's in it that's doing the damage and why these pollutants are there in your city water. Please read the gory details if you are too cheap or lazy to spend about \$180 for a home still. I bought a nice tabletop still from Damark for that.

**The Search For Amelia Earhart** - Fred Goerner, Doubleday (1966) and Dell (1967), 326p. There have been a lot of newspaper stories, books and TV programs speculating on what "really happened" to Amelia. Through serendipity I knew the secret behind her last trip and her disappearance, so I know that Fred's account is the only truthful one of the lot. I've gone into some detail about how I knew before her trip what the secret agenda was, one which our government is still trying to cover up, as I report in my WWII Submarine book. When you know about lies like this, it doesn't tend to instill confidence in other cases where

people are claiming that the government is covering things up — like the Roswell UFO crash incident. Look for the hard or soft cover copies of this in used book stores. It's 30 years old, and covers an incident 30 years before that.

**NASA Mooned America!** - René, self-published, 176p, 1994, \$25 (plus \$3 s/h from Radio Bookshop, 70N202, Peterborough NH 03458). The theme of this book is that NASA has never put a man on the moon; that the whole Apollo saga was just a Hollywood-type production, done with the help of the CIA. My reaction on opening the book was that this is totally ridiculous. Crazy. Impossible. By the end of the first chapter I was starting to wonder if I'd sucked in on a \$40 billion NASA production. By the end of the book I was convinced that, as impossible as it seems, the whole world has been suckered. If you read this book and find any fault with any of the 30 "gotcha's" I want to hear from you. For instance, the moon's surface has no moisture whatever. So why do we see boot prints where the astronauts have walked? You've walked in dry dirt and sand. It takes moisture to hold a print. When I start listing the gotchas, every scientist I've talked to has ordered a copy of the book. Since this is not available from bookstores, and the author is understandably wary, I've arranged for Radio Bookshop to handle the book. I've been getting more and more letters from readers supporting René, and none successfully refuting his premise.

**The Last Skeptic of Science** - René, self-published, 179p, 1995, \$25 (plus \$3 s/h, also from Radio Bookshop). I was so impressed with the author's grasp of science that I had to get his other book.

In this one René makes a very good case for Newton, Einstein, Hubble and a bunch of other scientific idols being in error. He makes a very good case for the moon not causing the tides, for the earth not being a magnet, for there never having been any ice ages, for light not having a fixed velocity, for different masses falling at different velocities in a vacuum, for there being no gravity waves, and so on. The worst part is that he does a first rate job of proving his claims. You can drive scientists bonkers with this book. Worse, his arguments are in line with what I've read in the Lerner, Hoyle, and Hancock books I've recommended you read. They even are consistent with my own theories of gravity and inertia.

**Conversations Beyond the Light** - Dr. Pat Kubris & Mark Macy, Griffin Publishing, Box 11036, Boulder CO 80301, ISBN 1-882180-47-X, 173p, 1995, \$13. An awful lot of people are reporting contacts with the dead via tape recorders, telephone, and even computers. Yes, you too can contact the departed. This book gives you one of the clearer descriptions of heaven and hell that you'll find. You'll enjoy the computer print of a photo of Paracelsus (1493-1541) sent from the astral plane. This is the story of the research being done in the Timestream Lab on the other side by Edison, Einstein, Curie, Werner von Braun and others, and their connection with transcommunication labs in the US, Australia, Austria, Belgium, Brazil, China, England, France, Germany, Italy, Japan, Luxembourg, the Netherlands and Sweden. If you think all this is crazy, then your best bet is to keep your mind closed and don't read the book. I first wrote about this in 73 after reading

"Breakthrough" by Raudive in 1971. He pioneered this type of communications, but as far as I know, no ham radio experimenters have tried to help with research in this weirdo field. Oddly enough, books by Moody, Monroe, Montgomery, Brinkley, Sewall, and many others I've read, all confirm the Kubis reports on the astral plane level of "life." As do reports by many famous writers and composers. It's almost enough to make a person think. Almost.

**Dirty Medicine** - Martin Walker, Sling-shot Publications, ISBN 0-9519646-0-7, 733p, 1994, \$24. While this book will be of special interest to anyone with AIDS, it's basically an indictment of the medical industry, complete with exhaustive documentation, for its organized attack on alternative medicine in America and Europe. This included dirty tricks, industrial sabotage and character assassination. It exposes how, under the guise of government regulation, big business, industrial scientists and medical orthodoxy, have defended their products and profits from competition since the last century.

**Fountain of Youth** - Peter Kelder, Harbor Press, ISBN 0-936197-25-0, 50p, \$11.50, 1985. Harbor Press, box 1656, Gig Harbor WA 98335. Kelder claims if you use the six simple exercises he describes that you will live longer and healthier. There's plenty of evidence that he's right and I should be doing these exercises every day. I will, I will. Soon.

**Stranger In A Strange Land** - Heinline. Someone swiped both of my copies. I don't blame them, it's a wonderful book. Even better than his "Martian Chronicles." When the book first



came out several friends sent me copies, telling me to read it. That put me off, so it was months before I finally started. Wow! I read right on through and rushed out to buy copies to send to my friends so they could enjoy it too. It's that kind of book. It's in paperback, probably by Ballentine. Heinline's brother, Oscar, is W7BIF and lives in Nevada. I used to see him at the FM ham conventions back in the early 70s. This book is where the term "grok" originated.

**God's Man - A Novel in Woodcuts** - Lynd Ward. 1929. Every time I go into my library looking for a reference I find a book or two you really shouldn't miss reading. Look for any of the Lynd Ward woodcut novels in the old bookstores. That's right, there's not a word in the whole book. The story is all done with woodcuts. You may also find "Mad Man's Drum," and "Wild Pilgrimage." World Press reprinted the books in 1960. I paid \$1 for a copy in a second-hand bookstore. These are truly unique books

**Bull Cook and Authentic Historical Recipes and Practices** - George Leonard Herter and Berthe E. Herter, Herter's, Waseca MN, 352p, 1960. Then there's Volume II, which runs 752 pages, 1968. And Volume III, 368p, 1973. If you can find these old books, buy 'em. They're the most entertaining and informative cook books I've ever seen, and I have hundreds of cook books. And if you can find any old Herter's catalogs, grab 'em. All my copies have been swiped. Herter's sold sporting goods and issued a pricelessly entertaining catalog. The cook books are well illustrated. You'll be reading selections to anyone you can get to listen. Like the history of the Dr.,

who discovered insulin. I so enjoyed Herter's cook books that I bought everything else he'd written. One book, "The Truth About Today's Africa and How to Go on a Safari for \$690" was so exciting I went on an African hunting safari myself for \$690, following his instructions. I shot all kinds of antelopes, a record waterbuck, eland, oryx, zebras, and so on, bringing back some heads and skins.

**Elixir of the Ages** - Patrick and Gael Flanagan, Vortex Press, 1109 S. Plaza Way. #399, Flagstaff AZ 86001, 92p, \$13pp. Continuing the amazing work of Dr. Coanda, Pat has discovered the secret of the Hunzas and other groups who live healthily for over a hundred years. It's all in their water, so Pat has managed to duplicate their special glacier-melted water with one teaspoon of his microclusters (colloids) added to each gallon of distilled water. This makes water wetter by lowering the surface tension, so your body can more readily absorb both the water and any colloidal minerals in the water. Drive those Social Security people crazy by living to 130.

**Living Water** - Olof Alexandersson, Gateway Books, ISBN 0-946551-57-X, 162p, 1976 & 1995, \$15. This is the story of Viktor Schauberger, born in 1885, It's fascinating. He developed theories of water and vortecies which are relevant today. When you read this book you'll find out what reckless use we've made of our forests world-wide, and how this has permanently changed the quality of our water. Ecology fanatics will be able to replace ignorant enthusiasm with an understanding of nature no college teaches. I found this book diffi-

cult to put down, and closely related to the fundamentals of atoms, galaxies, and nature. You'll even find out why it is no longer possible to make a Stradivarius violin.

**Impure Science** – Robert Bell, John Wiley, ISBN 0-471-529134-3, 301p, 1992, \$23(hb). The subtitle tells the story: "Fraud, compromise, and political influence in scientific research." Bell explains why innovative ideas can no longer be researched, why research results can't be checked for fraud or accuracy, how fraud is vigorously covered up, why peer review scuttles new ideas, and why not one single new weapons system developed in the 1980s worked right during the Gulf war. Bell names names and puts a bright light on the dark side of science today.

**Warning: The Electricity Around You May Be Hazardous to Your Health** – Ellen Sugarman, Simon & Schuster, ISBN 0-671-75875-6, 238p, 1992, \$11. This is an exposé of the efforts of the power industry to deny, cover up, and defraud the public about the dangers of electromagnetic fields from their power lines. It explains how to measure your EMF exposure and how to avoid exposure. Yes, sleeping under an electric blanket can help make you sick, and can cause permanent harm to your unborn child. Why gamble? Spend the \$11.

**Humanity's Extraterrestrial Origins** – Dr. David Horn, ISBN 0-9649845-0-4, 281p, 1994, \$22. (\$25 inc. s/h from Horn, Box 1632, Mt. Shasta CA 96067). Horn does a thoroughly researched job. He makes a good case for alien interference helping to create man and guiding our development over the millennia,

explaining the archeological gaps, and tying all this into surviving ancient records, the Bible, and other religious works. He poses that our many languages and religions are intentionally keeping us at war with each other. His case ties in with UFO and contactee experiences. This well documented book explains the sudden appearance of man, the sudden development of farming and civilizations, for which archeologists have no good explanation.

**Alternative Science** – Richard Milton, ISBN 0-89281-631-7, 264p, 1994, \$15. Park Street Press, One Park Street, Rochester VT 05767. Subtitle: Challenging the myths of the scientific establishment. Milton shows how the establishment almost invariably ridicules and ignores any paradigm changes in their field. The Wright Brothers claim for heavier than air flight was called a hoax by the *Scientific American*. Ditto Edison's crazy claims of having invented an electric light. And so it goes down through history, with cold fusion getting the establishment's cold shoulder. Your highlighter will need a refill after this book. Mine did. Wait'll you read about the invention of the steam turbine. Lord Kelvin called X-rays a hoax. Unfortunately this pattern has managed to bury a lot of excellent inventions.

**The Plague Makers** – Dr. Jeffrey Fisher, ISBN 0-671-79156-7, 256p, 1994, \$23 (I found it for \$4 at Barnes & Noble – if I'd known how good it was I'd have bought a hundred copies), Simon & Shuster. Subtitle: How we are creating catastrophic new epidemics – and what we must do to avert them. Doctors have been overusing antibiot-



ics, with the result that more and more germs (and viruses) have developed resistant strains. Take TB, for instance. It was almost eliminated, now it's back and killing over 3 million people a year. Worse, we're using tons of antibiotics to stimulate growth in the animals we eat. Your supermarket doesn't tell you what you're getting along with their chicken or beef packages. And your doctor isn't going to tell you what great stuff (like the monkey virus SV-40) you'll be getting along with those vaccines he's shooting into your arm or rump. Even if he knew he wouldn't tell you.

**Free at Last** – Daniel Greenberg, 185p, 1987-95, \$9 (including shipping), The Sudbury Valley School, 5 Winch St., Framingham MA 01701 - 508-877-3030 or fax 788-0674. Yes, they take Visa and MC. This is one of the most exciting books I've ever read! It describes a school which sounds to me like the best in the world. The school takes kids from four through 18 and has no formal classes, no classrooms, no grades, no exams, no memorization, no pressure at all. It's both unbelievable, and it works. Wow, does it work! Wistfully, I wonder how different my life might have been if a school like that had been available when I was a kid. I cried as I read the book. I cried for my loss. The school, started in 1968, is spawning clones around the country. Get the book. Send or give one each to your children. It's so democratically run that every student and staff member has one vote and all rules are made by popular vote. All hires, fires, expenses, and so on. Read the book and then get busy starting a Sudbury Valley school in your town. With schools like this America could go from almost dead last in scholastic achievement in

the world to first in short order.

**Sharks Don't Get Cancer** by Dr. Wm Lane, Avery Publishing, 192p, ISBN 0-89529-520-2, \$12, 1993. Lane makes a very convincing case for shark cartilage being able to cure just about any cancer, as well as arthritis, psoriasis and macular degeneration. As with other non-pharmaceutical remedies, the medical industry has been fighting this as quackery. Lane points out how reactionary the industry is. Despite endless claims for the Heimlich maneuver for choking victims, the American Red Cross refused to accept it for ten years, continuing to endorse backslapping, which causes a stuck object to be even tighter stuck in the throat. The money in the trillion-dollar medical industry (the most profitable industry in the US) is in drugs which can be patented, so if an illness isn't to be cured with a drug, there's no organization to research the proposed cure. Well, you ask, how about the National Cancer Institute? Surely they'll check out any proposed cancer cure, right? Wrongo. It turns out that the NCI "does not deal in cures for cancer, but only in the mechanisms of cancer." Maybe that helps to explain why so many reported cancer cures have been completely ignored by the NCI. And since about 50% of us are going to have a personal brush with cancer at some time in our lives, maybe we need to better educate ourselves and depend less religiously on our doctors. Shark cartilage isn't patentable, so there's no pharmaceutical company to pony up the \$231 it costs to get a new drug okayed by the FDA, so you'll have to buy the stuff in health food stores as a dietary supplement. But first, for heaven's sake read the book. It could save your life.

Or, better yet, wait until you are almost dead from cancer or crippled with arthritis and then spend the \$12.

**Montessori Today**, Paula Lillard, Schocken Books, ISBN 0-8052-1061-X, 207p, 1996, \$12. These schools are using a ton of great ideas to help kids learn early and love it. Kids learn what they want, when they're ready to learn it. The Montessori schools have the learning materials available and encourage kids to learn in cooperative groups. Between the Montessori ideas and the Sudbury Valley School approach, this is the best combo I've seen yet for helping your children be the very most they can be. The other side of this is that if you don't you are in effect crippling your child for life in some ways. Once the window of opportunity for learning certain things has gone by, it's by. Like learning languages, where the optimum age is 2-4, not in high school.

**The Survival of Civilization**, John Hamaker, Hamaker-Weaver Publishers, R1 B158, Seymour MO 65746, ISBN 0-941550-00-1, 218p, 1982, \$12. Despite the overblown apocalyptic predictions, this book sure backs up Dr. Joel Wallach's complaint about the demineralization of our soil, a situation which is increasing the CO<sub>2</sub> in our air worldwide, making our forests sick, and us too, as a result of our bodies no longer getting the trace minerals from our food that are needed for health. Hamaker recommends spreading ground up rock on our soil to bring us, our animals, and forests back to health. You really want to read this one. It helps explain the weird weather that we've been having more and more of recently. Farmers have been having to use chemical fertilizer

to get their crops to grow once the minerals are used up on their land. This is bad news for our health. Real bad news, and never mind the miseries the CO<sub>2</sub> may be causing.

**Think And Grow Rich** - Napoleon Hill, Crest Books. 254p, 1937. If you're interested in personal achievement, this is one of the most influential books of all time on the subject. Hill's "Laws of Success" make as much sense now as they did 60 years ago. You'll find out why such a small percentage of people are outstandingly successful in life. You'll want to read my book on "Making Money" as well as this one. This landmark book is still being reprinted.

**The Law and the Profits** - C. Northcote Parkinson, Ballantine Books. 243p 1960. Parkinson's Second Law: "Expenditure rises to meet income." Parkinson is a very entertaining writer, but his facts are deadly, as are his conclusions. For instance, how much additional money would you have to earn, including benefits, to pay your doctor for an operation so he will net \$800 after taxes? \$44,500?

**The Law of Delay** - C. Northcote Parkinson, Ballantine Books. 140p 1970. Parkinson's Third Law: "If there is a way to delay an important decision the good bureaucracy, public or private, will find it." He points out that "there are young men today who have made a million before they're 25. This sort of success, as a rule, depends on having left school at 15." A fun read, and packed with dynamite statistics. Buy the book.

**Dress For Success** - John Molloy, Warners. 239p, 1975. Unless you're a



computer programmer, which is unlikely to ever make anyone but Bill Gates much, you'll find this book valuable. The fact is, people **do** go by appearances, and you only have one chance to make a good first impression.

**Travels** - Michael Crichton, Ballantine Books. 417p, 1988, \$5. If you are a skeptic about telepathy, auras, spoon bending, and such weirdness, this will get your re-education started. This is a biography by the well-known author of "The Andromeda Strain." It's a most entertainingly written story of his days as a medical student and intern. His travels to Hunza, Borneo, and other out-of-the-way places are fascinating. Read it.

**The Supreme Adventure** - Sir Robert Crookall, The Churches' Fellowship For Psychical Study. 255p, 1961, \$4 in a used book store. This is a carefully researched study by a well-known scientist who examined the death experience from near death experience reports, and then from reports from the dead via psychics. It shows a surprisingly consistent theme. It's worth checking book stores specializing in occult books for this and the May Sewall book.

**Voices From The Tapes** - Peter Bander, Drake Publishers. 160p, 1973. While you are looking for the Crookall and Sewall books, get one of these too. It has to do with a fairly simple technique for recording voices of the departed on a tape recorder as discovered by Dr. Konstantin Raudive. Mrs. Estep wrote a more recent book of her experiences in recording not only voices of the departed, but also some from other worlds besides our own. Enough people have been successful at this to make it worth

investigating. Does the gov't have a secret lab in Wyoming researching this? One scientist I know, who claims to have worked there, says they're in communications with aliens as well as the dead.

**How to Win Friends and Influence People** - Dale Carnegie, Pocket Books. 246p, 1936. They ought to teach this stuff in school. Sure, this is an old book, but I'm sure it's still in print. It just costs more than the 35¢ my 1959 edition cost. It's a wonderful manual on how to get along well with people, how to have a happy home life, and ways to deal with difficult people, of which there seems to be no shortage.

**Second Opinion** - Dr. William Douglass, Second Opinion. This is a monthly health newsletter. So far it's the only one I've seen that agrees with the reasearch I've been doing in many of the alternative health fields. For instance, "Other than psychiatry, there is no speciality in medicine based on so little science as surgery." All of his books are excellent and many are on my list. The newsletter is \$49 a year. Try it and thank me. I just wish that Douglass wasn't so busy writing that he doesn't answer his mail.

### **Books For Learning and Pleasure**

The books by **Harold Lamb** are spectacularly good historical novels. Lamb visited the places he wrote about and was a thorough researcher. He makes the conquerors of history come alive for you. He wrote a long series of books which were originally published between 1927 and 1962. All of them have undergone many printings. I don't know if they're still available outside of

used book stores or libraries, but do try to get all eleven of them. The one I liked the best was about Alexander The Great. You'll fall in love with him, and with Lamb's books, when you read this one. In addition to Alexander of Macedon, he also wrote wonderful books about Tamerlane, Cyrus The Great, Ghenghis Khan, Hannibal, Omar Khayyam, Charlemagne, Suleiman the Magnificent, Babur The Tiger, Theodora and the Emperor, and The Crusades.

**Ernest Thompson Seton** wrote a series of incredibly beautiful books about wild animals. I've read a lot of animal stories, but none even come close to those by Seton. He was a naturalist who learned about animals in detail and then turned this knowledge into some fabulous stories. When I get some time I want to read all of his stories on tape so people of all ages will be able to enjoy this almost lost treasures. Kids will really love them, and so will you. You'll find his books in used book stores and libraries. Try one and see if you think I'm exaggerating even a little bit. You'll be hooked.

Look for "Wild Animals I Have Known; Lives of the Hunted; The Biography of Silver Fox; Trail of the Sandhill Stag; Rolf in the Woods; Animal Heroes; The Watchers of the Trails."

**Ernest Bramah** also wrote almost a hundred years ago. Most of my Kai Lung books were printed before dates were printed in books, but one is dated 1900 and others are 1922 and 1928. There are four books about Kai Lung, a teller of tales in old China. They are incredible in their detail of the period and written with a marvelous sense of humor and understatement. I still run across copies in stores specializing in old books. I've read thousands of books

down through the years, but none have ever compared to the Kai Lung series. I'll also start putting these on tape for people to listen to as they drive. Look for "Kai Lung Unrolls His Mat; Kai Lung's Golden Hours; The Return of Kai Lung," and "The Wallet of Kai Lung." If you find some, I guarantee you'll treasure them and be reading them to anyone who will listen.

## **Humor**

Though I've read a bunch of humorous books (I have *Mad* magazine from issue #1), there are just a few that really stand out and that I'd list as my all-time favorites. Sure, I enjoyed Benchley, Thurber and Dorothy Parker. They're top notch. But for uncontrolled laughter I have to hand the cup to **H. Allen Smith**. His books came out from 1941-45. Look for "Low Man on a Totem Pole," "Life in a Putty Knife Factory," "Lost in the Horse Latitudes," and "Desert Island Decameron."

Another book that everyone should read is **C. Northcote Parkinson's** "Parkinson's Law." This is not only hilarious, the sad part is that it is all true. Parkinson's Laws are alive and well. Like Law #1: Work expands to fill the time available for its completion. Or #5: By the time an organization builds it's new building it is in decline.

Then there are the three wonderful books by **Stephen Potter**. "Gamesmanship, the Art of Winning Games Without Actually Cheating" "Lifemanship, the Art of Getting Away with It Without Being an Absolute Plonk," and "One-Upmanship, Being Some Account of the Activities and Teaching of the Lifemanship Correspondence College of One-Upmanship and Gameslife-mas-



tery."

The Potter and Parkinson books are circa the 1950s. **Carlos Bulosan** wrote a series of stories for *The New Yorker* which were published as "The Laughter of My Father" in 1942. I lent my copy to a friend and lost it, but I did manage to find a Bantam edition copy from 1944. See if you can find this one. It was only 25¢ new. It's about life in a small Philippine village before WWII.

And while you are scrounging around old books look for "My Life, Right or Wrong," by **John Philips Sousa III**.

Which brings me up to 1970 and "George Washington's Expense Account" by **Marvin Kitman**. Wherein Kitman proves that the father of our country was also the father of modern expense account living. Old George worked for free, freeing our country, but wait'll you see the expense accounts he turned in to the Continental Congress!

**Jean Shepherd** wrote a series of prize-winning stories for *Playboy* in the 1960s. Look thou for the books which resulted therefrom. Such as "Wanda Hickey's Night of Golden Memories, and Other Disasters." Or "A Fistful of Fig Newtons." Or "The Ferrari in the Bedroom." Or "In God We Trust, All Others Pay Cash." I hope you've watched some of his movies. They're great. Shep used to be a good friend of mine...until he got successful. Heck, I taught him to water ski with my Chris-Craft Express Cruiser back around 1956 out on Jamaica Bay, right near what is now JFK Airport. It used to be Idlewild.

From 1927-1960 **William Hazlett Upson** wrote a great series of humorous articles about Alexander Botts, the world's favorite salesman for Earthworm Tractors. Grab any Botts book you

can find.

**P.J. O'Rourke** is still busy writing columns for *Rolling Stone*. I've already recommended his "Parliament of Whores," but not because of its humor as much as it's exposing of inside Washington. It's also a wonderful book of humor. Also, please don't miss his "Give War A Chance," and "Holidays In Hell." Both are first rate. Some of his other books aren't, and I don't care if he does live over in the next town to Peterborough and may slug me for saying so.

**Let me know!**

**Have I missed any really outstanding books?** If you've read a book on any subject that I'm crazy if I don't read, please let me know the title, publisher and any other data that might help me find a copy. I don't want to hear about good books, only great ones.

**Ordering the books:** Other than the two books by René, which are each \$28 postpaid from me, and those I've written, you're on your own. I've listed some sources below which should help considerably. If you run across sources I should know about, write and tell me what you've found.

### **Book sources**

**ProMotion**, 10387 Friars Rd #231, San Diego CA 92120. 800-231-1776

**Marcus Books**, Box 327 Quesville Ontario Canada L0G 1R0. 905-478-2201

**Second Opinion**, Box 467939, Atlanta GA 31146-7939. 800-728-2288

**Int. Tesla Society**, Box 5636 Colorado Springs CO 80931. 719-475-0918

**One Peaceful World Press**, Box 10,

Becket MA 01223. 413-623-2322  
**Laissez Faire Books**, 942 Howard, S.F.  
CA 94103. 415-541-9780  
**Acres USA**, Box 8800, Metairie LA  
70011. 504-889-2100.  
**Laura Lee Show** Box 3010 Bellvue WA  
98009 (for Kinship book)  
(you could do worse than get catalogs  
from the above sources)

### **Wayne's Books and Booklets.**

Between writing over a thousand editorials for my magazines and my reports to the Legislature and the Governor as a member of the New Hampshire Economic Development Commission, I've written a bunch more stuff. I'll go into greater detail on my stuff on a separate list. I think you'll enjoy all of it. You might even learn something. Heck, you could get all excited over some of my ideas for entrepreneurial businesses, or for improving our country (and the world).

**Wayne & Sherry's Travel Diaries \$8.**  
Don'y call us cheap, we're just very thrifty travelers. You'll get a kick out of our trips to Russia, Ukraine, London, Munich, Vienna, Krakow, Prague, Berlin, Hawaii, and so on.

**Grist I - Grist II — \$5 each (a steal)**  
Here are two books of 50 Never Say Die non-ham oriented editorials. Packed with ideas, health information, etc.

**Boiler Plate: 45 Wayne's Editorials.**  
These are ham oriented editorials, for club newsletter editors to use. \$5

**Making Money - A Beginner's Guide**  
- 24p, \$5. It's easy when you know the secret. Otherwise get used to never having much money, because that's the way our society works unless you know the secret.

**AIDS Info** - a cure for AIDS, weight loss, etc.? \$10. A simple electrical gadget any 10 year old can build can get rid of fat, herpes, siphilis, AIDS, etc. Even male pattern baldness? This is one of the closely guarded aynmedical secrets.

**Submarine Life in WWII** - \$8. I served on the USS Drum from 1943-1945, making 5 war patrols. This is an intimate story of that adventure. The Drum can be visited in Mobile AL.

**Wayne's Caribbean Adventures** - 96p, \$7.50. Visiting islands and scuba diving all around the Caribbean, always on the cheap. 11 countries in 21 days?

**Cold Fusion Overview** - 8p, \$2. Is it real? How about 1000:1 output/input?

**73 Amateur Radio Today** - \$25 per year. Monthly. Live, learn, have fun, and adventure. Hamming has gotten me to 132 countries so far, including some desert islands. Hey, we have a couple dozen ham satellites up there!

**Cold Fusion** - \$98 for 12 issues. This is going to be one of the biggest industries in the world in a few years. The big winners will be there early. I said the same thing in 1975 when the first personal computer was intriduced. A few readers paid attention and made millions. Some made billions.

**Wayne's Morse Code Tapes** - Beginners, 5, 13, 20, 25 wpm. \$7 ea. You can either grind away for months learning the code or use my instant code method and learn to copy at 20 wpm in a few days. Your choice.

**Wayne Speaks At the Global Sciences Congress** - 60-minute tape \$5. I talk about cold fusion, health, a cure for AIDS, and so on.

### **Health, Wealth, and Wisdom.**

If you read the books I recommend



you have a good shot at living to 100 or more in excellent health. You also have only yourself to blame if you don't live very comfortably, with enough money to do almost anything you want. Or you can not bother, and spend your life like everyone else being sick, looking forward to Alzheimer's or cancer. Maybe both. Watching ball games on TV until cataracts (a deficiency disease) or the rules of the nursing home stop you. The future of your body and mind, and that of your family, is in your hands. I'm offering the key, but you have to grab it and use it. Can almost anyone become a millionaire in five to seven years, be climbing mountains, scuba diving and skiing at 90? Not unless they learn a few of the secrets in the books I'm recommending. Can you have really incredible children who are intelligent, creative, and good looking? Most people start screwing up their children even before conception. Then comes nine months of bad programming, followed by a birth system that's against millions of years of ingrained programming, and so on. How about child punishment? Fine, if you promise not to get upset over teenage suicide. We don't train animals that way anymore. Vets learned years ago how to feed animals so they don't get Alzheimer's, arthritis, heart trouble, and most other human illnesses. We have to avoid the poisons, which are everywhere, and get our needed vitamins and minerals, which are missing in our mass-produced supermarket foods. Even in the organic section. We need to start over with our schools and colleges.

So, as I started out, my message is simple: it's your mind and body and your responsibility to take care of the combo. Your mind is like a muscle, so start reading the books I've recommended. You

don't want to end up a veggie in a retirement home.

### Now, something completely different

The aliens are coming! The aliens are coming! No, belay that, apparently they're already here. Strieber, in his 1987 book, **Communion, A True Story**, makes a good case for the aliens being here. Indeed, for having been here at least since 1947, and maybe a long time before that. This \$6.50 pocket book really calls for speed reading. Strieber squeezes 306 pages out of a few contacts with the aliens, mostly recovered through hypnosis, but he sure rambles a lot. Still, he makes a compelling case. In his 1995 book, **Breakthrough**, he reports on more of his contacts with the aliens, plus his hearing from hundreds of other contactees with experiences similar to his, usually also starting in early childhood. This book, too, is draggy, encouraging one to work on one's speed reading techniques.

Well, considering the age of the universe, even if you accept the big bang theory of how it started (which has been pretty well demolished by Lerner), the potential for their being other civilized worlds that are thousands to millions of years ahead of us in technology is not just likely, it's inescapable. So the idea that we're being visited shouldn't surprise any but the unread or pathologically skeptical. Graham Hancock makes a very good case for such visitations in the past in his *Fingerprints of the Gods*. As does Temple in **The Sirius Mystery**. Hmm, I'll have to add that book to my list. It's a great book. How come an African tribe (the Dogon) worships a world circling a dwarf star which has an elliptical orbit around Sirius that has only

recently been seen by our most powerful telescopes, and yet they have drawings of the system which are thousands of years old?

You probably want to read *The Orion Mystery* by Bauval & Gilbert too. It has to do with the pyramids. By the way, one of the shafts in the Great Pyramid is aimed right at Sirius at the time they think it was built – possibly as a path for the king's soul to return to the Sirius system. The position of the pyramids and their size turns out to be exactly the pattern and brightness that the stars in Orion were in 10,400 BC. Fascinating stuff.

.....Wayne

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## Cancer!

A hundred years ago cancer was almost unknown. Today it will affect the lives of at least 50% of you. It's more like 100%, if you count your family. So what's gone wrong to bring on this epidemic, and how come the medical industry has been almost powerless to do anything about it?

As you read the books I've recommended on health you'll find that our medical industry is centered on treating symptoms, not causes. So what's causing this cancer plague? And what can *you* do to avoid being another victim? The major problem seems to be a weakening of our immune systems, caused by an increase in our poisoning ourselves. Poisoning? You bet! We're doing a real job on ourselves with stuff like aspartame (a.k.a. Nutrasweet – the blue stuff), fluorides in our drinking water, chlorine ditto, dioxin ditto, dental amalgam (mercury poisoning), air pollution (how well are you filtering the air in your home and office?), keeping needed UVs out of our eyeballs, eating crap like sugar and white flour products, burgers and fries, meat laced with hormones, fruits and vegetables grown in almost totally mineral depleted land. We're giving our body a fraction of the water it needs. And have you read the list of chemicals they're putting into our foods to keep it from spoiling on grocery shelves? Do you really think that stuff won't screw up your body? And I'm not even going to bother mentioning the effects of alcohol, cigarettes, and caffeine. Oops, I almost forgot root canals and EMFs.

Over a million years or so our bodies developed to work best on the nutrients available. Now we've changed all that and we wonder why we're dodder-

ing into nursing homes in our 60s instead of raising hell?

So we poison our bodies into sickness and then we go to the doctor and get an expensive medication. Another poison. The \$1 trillion medical industry is controlled almost totally by a few major pharmaceutical companies. Their worst nightmare is an inexpensive cure for an expensive illness. And remember, nobody in the industry makes any money until you get sick. That's when you'll spend whatever they demand to get well. And this is happily supported by the insurance industry (you've seen their huge modern buildings, right?), which also has a large negative interest in your being healthy. When you get sick they pay, and that's known as cash flow. Then they charge higher premiums. They get their cut, so the more they have to pay out, the more money they make.

Start reading the books on health on my list. The Comby book on a raw food diet. The Batmanghelidj book on water. The Wallach book on playing doctor. The Lane book on shark cartilage, which looks like one of the best answers to the cancer problem, once you've poisoned your body to that extent.

The Bioelectrifier looks like it can help rebuild immune systems, and silver colloids hold some great promises. I'll try to keep you up to speed in these fields as I learn more.

One key to avoiding cancer, or fighting it, if you've gotten it, is to work on your immune system. The bioelectrifier has been reported to not only be helping with cancer, but also with AIDS, lupus, herpes, and just about any other problem of the blood: virus, microbe, yeast, fungus, or parasite.

If you treat your body with the care you would your car, you'll be able to

get at least another 20-30 good years out of it over today's average.

But you're going to get lousy mileage if you drink city water without distilling it first. And if you spend much time in the fast food places — except maybe the Wendy's salad bar. But you are still going to need added vitamins, enzymes and minerals to replace those missing from our soil.

Of course, if you have sucked into the system taught in our schools, where you'll never make much money or have much freedom, then perhaps 50-60 years is all you want to live. There are a number of excellent books on my list about our really lousy school system. Read 'em and then start doing something about the situation.

One last reminder: if you've come across a book that's really outstanding, please let me know about it. Many of the books on this list are ones recommended by my readers. But be careful, there are a thousand bad books for every good one. And in the health field there's infinitely more misinformation than information.

.....Wayne

Yes, you can order more copies of this list for your friends and family. You can also order the two René books.

\$ 5 Recommended Book List

\$28 NASA Mooned America. René

\$28 Last Skeptic of Science - René

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(and don't forget to let me know about any books I've missed — Wayne)

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